Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_ ***The Young Child***

**Childbirth Classes**

**Directions:** Read the article listed below:

[http://kidshealth.org/parent/pregnancy\_center/preparing\_parenthood/birth\_class.html#](http://kidshealth.org/parent/pregnancy_center/preparing_parenthood/birth_class.html)

After reading, answer the following questions:

1. Why would someone who is pregnant go to childbirth classes?
2. What 4 topics of information do you feel are the most important that are covered in childbirth classes?
3. Why is it important to have the baby’s father involved in the birthing classes?
4. What are the two main types of childbirth classes available in the United States? What are the differences between the two?
5. When do parents to be start going to childbirth classes? How long are the classes?
6. Where are childbirth classes offered?
7. Search the internet to find 3 local childbirth classes offered in this area. Write the name of the location, instructor (if listed), and give a brief overview of how the class is run.